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Godly Sorrow or Worldly Sorrow? 依着神的意思忧愁还是世俗的忧愁？ (2 Corinthians 7:5-13) 哥林多后书 7:5-13

2 Corinthians 7:5-13 “For indeed, when we came to Macedonia, our bodies had no rest, but we were troubled on every side. Outside were conflicts, inside were fears. ⁶Nevertheless God, who comforts the downcast, comforted us by the coming of Titus, ⁷and not only by his coming, but also by the consolation with which he was comforted in you, when he told us of your earnest desire, your mourning, your zeal for me, so that I rejoiced even more. ⁸For even if I made you sorry with my letter, I do not regret it; though I did regret it. For I perceive that the same epistle made you sorry, though only for a while. ⁹Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. ¹⁰For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death. ¹¹For observe this very thing, that you sorrowed in a godly manner: What diligence it produced in you, what clearing of yourselves, what indignation, what fear, what vehement desire, what zeal, what vindication! In all things you proved yourselves to be clear in this matter. ¹²Therefore, although I wrote to you, I did not do it for the sake of him who had done the wrong, nor for the sake of him who suffered wrong, but that our care for you in the sight of God might appear to you. ¹³Therefore we have been comforted in your comfort. And we rejoiced exceedingly more for the joy of Titus, because his spirit has been refreshed by you all.” 哥林多后书 7:5 我们从前就是到了马其顿的时候，身体也不得安宁，周围遭患难，外有争战，内有惧怕。7:6 但那安慰丧气之人的神藉着提多来安慰了我们。7:7 不但

藉着他来，也藉着他从你们所得的安慰，安慰了我们，因他把你们的想念、哀恸和向我的热心，都告诉了我，叫我更加欢喜。7:8 我先前写信叫你们忧愁，我后来虽然懊悔，如今却不懊悔，因我知道那信叫你们忧愁，不过是暂时的。7:9 如今我欢喜，不是因你们忧愁，是因你们从忧愁中生出懊悔来。你们依着神的意思忧愁，凡事就不至于因我们受亏损了。7:10 因为依着神的意思忧愁，就生出没有后悔的懊悔来，以致得救；但世俗的忧愁是叫人死。7:11 你看，你们依着神的意思忧愁，从此就生出何等的殷勤、自诉、自恨、恐惧、想念、热心、责罚（或作“自责”）。在这一切事上，你们都表明自己是洁净的。7:12 我虽然从前写信给你们，却不是为那亏负人的，也不是为那受人亏负的，乃要在神面前把你们顾念我们的热心表明出来。7:13 故此我们得了安慰。并且在安慰之中，因你们众人使提多心里畅快欢喜，我们就更加欢喜了。

1. **Godly Sorrow is A GOOD THING 依着神的意思的忧愁是好事**

哥林多后书7: 7 不但藉着他来，也藉着他从你们所得的安慰，安慰了我们，因他把你们的想念、哀恸和向我的热心，都告诉了我，叫我更加欢喜。9 如今我欢喜，不是因你们忧愁，是因你们从忧愁中生出懊悔来。你们依着神的意思忧愁，凡事就不至于因我们受亏损了。

Pain can lead us in the right direction: 哀痛可以引导我们走向正确的方向

A. Identify and Reject FALSE GUILT 识别并拒绝虚假的内疚

哥林多后书7: 8 我先前写信叫你们忧愁，我后来虽然懊悔，如今却不懊悔，因我知道那信叫你们忧愁，不过是暂时的。

B. Accept and Be Thankful for REAL GUILT 接受并感恩真正的内疚

2. **Godly Sorrow Produces REPENTANCE 依着神的意思忧愁就生出懊悔**

哥林多后书7: 8 我先前写信叫你们忧愁，我后来虽然懊悔，如今却不懊悔，因我知道那信叫你们忧愁，不过是暂时的。7:9 如今我欢

喜，不是因你们忧愁，是因你们从忧愁中生出懊悔来。你们依着神的意思忧愁，凡事就不至于因我们受亏损了。7:10 因为依着神的意思忧愁，就生出没有后悔的懊悔来，以致得救；但世俗的忧愁是叫人死。7:11 你看，你们依着神的意思忧愁，从此就生出何等的殷勤、自诉、自恨、恐惧、想念、热心、责罚（或作“自责”）。在这一切事上，你们都表明自己是洁净的。

❖ God wants His children to ENJOY FORGIVENESS and be set from from GUILT AND SORROW. 神要他的儿女享受饶恕，远离内疚和忧愁

3. **Godly Sorrow Leads to SALVATION**依着神的意思忧愁，(就生出没有后悔的懊悔来，)以致得救

哥林多后书7: 10 因为依着神的意思忧愁，就生出没有后悔的懊悔来，以致得救；但世俗的忧愁是叫人死

约翰一书1:9 我们若认自己的罪，神是信实的，是公义的，必要赦免我们的罪，洗净我们一切的不义

哥林多后书13:5 你们总要自己省察有信心没有，也要自己试验。岂不知你们若不是可弃绝的，就有耶稣基督在你们心里吗？

Two Things: 两件事

1. Be willing to CAUSE godly sorrow. 有意愿引导依着神的意思忧愁
2. Be willing to ACCEPT godly sorrow. 有意愿接受依着神的意思忧愁