

How Should a Christian Respond to a Crisis? 基督徒应如何应对危机

1. We Must Exercise Prudence and GOD-GIVEN SENSE 我们必须谨慎行事和有上帝赋予的判断力

Luke 4:12 - “And Jesus answered and said to him, 'It has been said, 'YOU SHALL NOT TEMPT THE LORD YOUR GOD.’”路加福音 4:12 耶稣对他说：“经上说：‘不可试探主你的神。’”

Ps. 27:4-5 “Though an army may encamp against me, My heart shall not fear; Though war may rise against me, In this I will be confident. 4 One thing I have desired of the LORD, That will I seek: That I may dwell in the house of the LORD All the days of my life, To behold the beauty of the LORD, And to inquire in His temple.”诗篇 27:4 有一件事，我曾求耶和华，我仍要寻求：就是一生一世住在耶和华的殿中，瞻仰他的荣美，在他的殿里求问。27:5 因为我遭遇患难，他必暗暗地保守我；在他亭子里，把我藏在他帐幕的隐密处，将我高举在磐石上。

Avoid Two Extremes: 避免两个极端

A. Thinking we don't have to deal with any of this if we trust and obey God. 如果我们相信并顺服神，我们就不需要解决这些危机

No, we “GROAN” with the rest of creation. 不是这样，我们还是要与万物一起“呻吟”。

B. Becoming ANXIOUS. 变得焦虑

Go to THE WORD and remind yourself of who God is. 去学习神的话语，提醒自己神是谁

2. We Must SEEK THE LORD 我们必须寻求耶和华

2 Chronicles 7:13-15 “When I shut up heaven and there is no rain, or command the locusts to devour the land, or send pestilence among My people, 14 if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.”历代志下 7:13 我若使天闭塞不下雨，或使蝗虫吃这地的出产，或使瘟疫流行在我民中，7:14 这称为我名下的子民，若是自卑、祷告，寻求我的面，转离他们的恶行，我必从天上垂听，赦免他们的罪，医治他们的地。7:15 我必睁眼看、侧耳听在此处所献的祷告。

A. Begins with HUMBLING SELF 从谦卑自我做起

B. Numbers 14:8 *"If the LORD delights in us, then He will bring us into this land and give it to us, 'a land which flows with milk and honey.'*"民数记 14:8 耶和華若喜悅我們，就必將我們領進那地，把地賜給我們，那地原是流奶與蜜之地

C. PRAY 禱告

Philippians 4:6-7 *"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."*腓立比書 4:6 应当一無掛慮，只要凡事藉着禱告、祈求和感謝，將你們所要的告訴神。4:7 神所賜出人意外的平安，必在基督耶穌里保守你們的心懷意念。

D. SEEK HIS FACE 尋求他的面

Mark 8:36 *"For what will it profit a man if he gains the whole world, and loses his own soul?"*馬可福音 8:36 人就是賺得全世界，賠上自己的生命，有什麼益處呢？

E. Turn from WICKED WAYS 轉離惡行

Amos 4:6-12 *"Also I gave you cleanness of teeth in all your cities. And lack of bread in all your places; Yet you have not returned to Me," Says the LORD. 7 "I also withheld rain from you, When there were still three months to the harvest. I made it rain on one city, I withheld rain from another city. One part was rained upon, And where it did not rain the part withered. 8 So two or three cities wandered to another city to drink water, But they were not satisfied; Yet you have not returned to Me," Says the LORD. 9 "I blasted you with blight and mildew. When your gardens increased, Your vineyards, Your fig trees, And your olive trees, The locust devoured them; Yet you have not returned to Me," Says the LORD. 10 "I sent among you a plague after the manner of Egypt; Your young men I killed with a sword, Along with your captive horses; I made the stench of your camps come up into your nostrils; Yet you have not returned to Me," Says the LORD. 11 "I overthrew some of you, As God overthrew Sodom and Gomorrah, And you were like a firebrand plucked from the burning; Yet you have not returned to Me," Says the LORD. 12 "Therefore thus will I do to you, O Israel; Because I will do this to you, Prepare to meet your God, O Israel!"*阿摩司書 4:6 “我使你們在一切城中牙齒干淨，在你們各處糧食缺乏，你們仍不歸向我。”這是耶和華說的。4:7 “在收割的前三月，我使雨停止，不降在你們那里；我降雨在這城，不降雨在那城；這塊地有雨，那塊地無雨，無雨的就枯干了。4:8 這樣，兩三城的人湊到一城去找水，却喝不足；你們仍不歸向我。”這是耶和華說的。4:9 “我以旱風霉爛攻擊你們，你們園中許多菜蔬、葡萄樹、無花果樹、橄欖樹都被剪蟲所吃；你們仍不歸向我。”這是耶和華說的。4:10 “我降瘟疫在你們中間，像在埃及一樣。用刀殺戮你們的少年人，使你們的馬匹被擄掠，營中尸首的臭氣撲鼻；你們仍不歸向我。”這是耶和華說的。4:11 “我傾覆你們中間的城邑，如同我從前傾覆所多瑪、蛾摩拉一樣，使你們好像從火中抽出來的一根柴，你們仍不歸向我。”這是耶和華說的。4:12 “以色列啊，我必向你如此行。以色列啊，我既這樣行，你當預備迎見你的 神。

3. We Should TRUST THE LORD 我們要信靠耶和華

Genesis 50:20 *"But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive."*創世記 50:20 從前你們的意思是要害我，但神的意思原是好的，要保全許多人的性命，成就今日的光景。

Psalms 91:1-3, 5-6, Psalm 91:1-3 *"He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. 2 I will say of the LORD, 'He is my refuge and my fortress; My God, in Him I will trust.' 3 Surely He shall deliver you from the snare of the fowler*

And from the perilous pestilence.”诗篇 91:1 住在至高者隐密处的，必住在全能者的荫下。91:2 我要论到耶和华说：“他是我的避难所，是我的山寨，是我的 神，是我所倚靠的。”91:3 他必救你脱离捕鸟人的网罗和毒害的瘟疫。Vs. 5-6 “*You shall not be afraid of the terror by night, Nor of the arrow that flies by day, 6 Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday.*”诗篇 91:5 你必不怕黑夜的惊骇，或是白日飞的箭；91:6 也不怕黑夜行的瘟疫，或是午间灭人的毒病。

Mark 16:17-18“*And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; 18 they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.*”马可福音 16:17 信的人必有神迹随着他们，就是：奉我的名赶鬼，说新方言，16:18 手能拿蛇；若喝了什么毒物，也必不受害；手按病人，病人就必好了。”