

Are You Living by the Flesh or the Spirit?

你是靠着肉体还是靠着圣灵活着？

Learning from Faithful Servants Part 5- Mary Slessor

从忠心的仆人所学到的功课 第五部分-玛丽 斯莱塞

Galatians 5:16-18 “I say then: Walk in the Spirit, and you shall not fulfil the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.” 加拉太书 5:16 我说，你们当顺着圣灵而行，就不放纵肉体的情欲了。5:17 因为情欲和圣灵相争，圣灵和情欲相争，这两个是彼此相敌，使你们不能作所愿意作的。5:18 但你们若被圣灵引导，就不在律法以下。

Galatians 5:13 “For you, brethren, have been called to liberty; only do not use liberty as an opportunity for the flesh, but through love serve one another.” 加拉太书 5:13 弟兄们，你们蒙召是要得自由，只是不可将你们的自由当作放纵情欲的机会，总要用爱心互相服事。

1. What Does It Mean to WALK IN THE SPIRIT ? 顺着圣灵而行意味着什么？

A. It's BEING LED 被引领

B. It is shown in the FRUIT OF THE SPIRIT 会结出圣灵的果子

Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, long-suffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law.” 加拉太书 5:22 圣灵所结的果子就是仁爱、喜乐、和平、忍耐、恩慈、良善、信实、5:23 温柔、节制。这样的事，没有律法禁止。

2. Why is it IMPORTANT to Walk in the Spirit? 为什么顺着圣灵而行是重要的？

Galatians 5:16 “I say then: Walk in the Spirit, and you shall not fulfil the lust of the flesh.” 加拉太书 5:16 我说，你们当顺着圣灵而行，就不放纵肉体的情欲了。

Galatians 5:24 “And those who are Christ's have crucified the flesh with its passions and desires.” 加拉太书 5:24 凡属基督耶稣的人，是已经把肉体连肉体的邪情私欲，同钉在十字架上了。

Galatians 2:20 “I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved

me and gave Himself for me.”加拉太书 2:20 我已经与基督同钉十字架，现在活着的，不再是我，乃是基督在我里面活着；并且我如今在肉身活着，是因信神的儿子而活，他是爱我，为我舍己。

*Galatians 6:14 “But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world.”*加拉太书 6:14 但我断不以别的夸口，只夸我们主耶稣基督的十字架；因这十字架，就我而论，世界已经钉在十字架上；就世界而论，我已经钉在十字架上。

*Romans 6:11 “Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.”*罗马书 6:11 这样，你们向罪也当看自己是死的；向神在基督耶稣里，却当看自己是活的。

3. What is **THE STRUGGLE** 什么是争斗？

*Galatians 5:17 “For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.”*加拉太书 5:17 因为情欲和圣灵相争，圣灵和情欲相争，这两个是彼此相敌，使你们不能作所愿意作的。

4. What is **THE RESULT** 结果是什么？

*Galatians 5:18 “But if you are led by the Spirit, you are not under the law”*加拉太书 5:18 但你们若被圣灵引导，就不在律法以下。

*Romans 6:1-2 “What shall we say then? Shall we continue in sin that grace may abound? 2 Certainly not! How shall we who died to sin live any longer in it?”*罗马书 6:1 这样，怎么说呢？我们可以仍在罪中，叫恩典显多吗？6:2 断乎不可！我们在罪上死了的人，岂可仍在罪中活着呢？

*Galatians 5:13-14 “For you, brethren, have been called to liberty; only do not use liberty as an opportunity for the flesh, but through love serve one another. 14 For all the law is fulfilled in one word, even in this: “YOU SHALL LOVE YOUR NEIGHBOUR AS YOURSELF.”*加拉太书 5:13 弟兄们，你们蒙召是要得自由，只是不可将你们的自由当作放纵情欲的机会，总要用爱心互相服事。5:14 因为全律法都包在“爱人如己”这一句话之内了。