

2 July 2017

Anxiety, Stress, Depression

Beauty for Ashes – Isaiah 61:3 – Part 3 of 6

The Ugly Brokenness of Man – The Beautiful Restoration of God

Matthew 6:24,25 “No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other, you cannot serve God and Mammon, ²⁵Therefore I say to you, do not worry about your life....”
(Daniel 1:1, 2; 2:1-3)

Desires of Nebuchadnezzar’s Heart that Contributed to His Battle of Anxiety, Stress, Depression:

1. His anxiety battle was rooted in a WAR FOR POWER

- A. It places me squarely ABOVE GOD
- B. It gives me the ILLUSION OF CONTROL
- C. It causes me to SUBSTITUTE WORSHIP for wealth or sin.

2. His anxiety battle looked for Relief FROM PEOPLE

(Daniel 2:1-3)

- A. People cannot BRING RELIEF to your troubled spirit.
- B. People cannot UNDERSTAND the depth of your trouble the way God can.
- C. People with anxiety CANNOT HELP people with anxiety.

3. His anxiety battle was RULED BY PRIDE *(Dan 3:1)*

- A. Pride tells me that I need to be THE MOST IMPORTANT
- B. Pride only gets relief when I am CELEBRATED AS KING *(vs 3:2-5)*
- C. Pride PUNISHES OTHERS when it is neglected or does not get its way *(vs 3:6)*

4. He allowed anxiety to RUIN HIS PRIVILEGE *(vs 4:28-33)*

- A. His privilege of kingship was replaced by SEVEN YEARS OF SUFFERING
- B. His life of ruins was God’s way to GET HIS ATTENTION
- C. His depression had a spiritual answer – serve the ONE MASTER *(vs 4:3, 4:34)*