

Jonah 3:10-4:1 "Then God saw their works, that they turned from their evil way; and God relented from the disaster that He had said He would bring upon them, and He did not do it. But it displeased Jonah exceedingly, and he became angry."

Four Factors that will keep you from Owning Your Anger and Bitterness:

- 1. Hypocrisy that is Masked as <u>PEACE</u> (Jonah 1:1)
 - A. Can appear to be <u>RIGHTEOUS</u>
 - B. Is rooted in <u>PRIDE</u>
 - C. Uses Intellect to DISGUISE SIN
 - D. Does not live in <u>REALITY</u>
- 2. Forsaken <u>RESPONSIBILITY</u> (Jonah 1:3-5)
 - A. Leads to <u>RECKLESS DECISIONS</u> (vs 3)
 - B. Causes ISOLATION (vs 3)
 - C. It INTENSIFIES the Problems (vs 4)
 - D. Causes PHYSICAL EXHAUSTION (vs 5)

3. Espousing <u>CONVENIENT TRUTH</u> (Jonah 1:8-2:10)

- A. Uses Truth for <u>PERSONAL ADVANTAGE</u> (vs 9)
- B. Uses Truth to <u>INSTIL FEAR</u> (vs 9, 10)
- C. Uses MANIPULATION (vs 11, 12)
- D. Can Appear to SHOW REPENTANCE

4. False Sense of INJUSTICE (Jonah 4)

- A. Pretends to be the Victim rather than <u>PERPETRATOR</u> (vs 2)
- B. Is a Disguise to Hide the <u>HEART MOTIVE</u> (vs 2)
- C. Is really about <u>SELF-CENTREDNESS</u> (vs 2, 3)
- D. Will minimize <u>COMPASSION</u> and <u>MERCY</u> (vs 10, 11)