

Psalm 55:4 "My heart is sore pained within me: and the terrors of death are fallen upon me." KJV

Evil tries to replace Gods Core Values of love, joy, peace with its own horrible "Core Values" that will cause a Broken Heart. Below are three "Core Values" we call the ABC's of a Broken Heart.

А	
В	
С	

If you hold these "Core Values" as a way of life, then you will pay a high price at the hand of God.

What hope can a person whom has experience this horrible pain expect? (*Psalm 55*)

1.	View whatever comes your way as s	omething God is going to use for (vs 22-23)
2.	Keep your	, no matter what
	it cost. (vs 16)	
3.	Completely rely upon	(vs 9-10)
	(day and night)	
4.	Recognise that you are fighting a	(vs 9,
	23)	
5.	Expect to be	(vs 18)

Broken Hearts are real, the pain is tremendous and the Core Values of evil put up one big fight against us....but this is not the end of the story. God mends the heart, heals the spirit restores the soul. Remember that God brought a warrior Giant before David to prepare him to become King!