

"You yourselves bear me witness, that I said, 'I am not the Christ, but I have been sent before him.' The one who has the bride is the bridegroom. The friend of the bridegroom, who stands and hears him, rejoices greatly at the bridegroom's voice. Therefore this joy of mine is now complete. He must increase, but I must decrease." John the Baptist (John 8:28-30)

"So, whether you eat or drink, or whatever you do, do all to the glory of God." (1 Corinthians 10:31)

Biblical Purpose – goal or agenda for life that brings consistency and direction to the apparent disconnectedness of life.

Steps to help find Meaning to the Mundane:

- 1. Remember God does not <u>WASTE EXPERIENCES</u> (Romans 8:28, Exodus 2:20, 4:2-9)
- 2. Examine your <u>TALENTS</u>, <u>PASSIONS</u> and <u>OPPORTUNITIES</u>
 (Psalm 37:4)
- 3. List your <u>STRUGGLES</u>, <u>SUFFERINGS</u> and <u>DISAPPOINTMENTS</u>
- 4. Reflect on the virtues of PERSEVERANCE and ENDURANCE (Psalm 1:1-3)