



**PSALM 55:4 "My heart is sore pained within me: and the terrors of death are fallen upon me". KJV**

In the 55 Psalm we read of David's extreme pain while experiencing family, friends and community that had turned against him in dramatic fashion. He was a man suffering with a Broken Heart so severe that he nearly ended his own life. His cry unto God is a cry that no man wishes to ever experience. But if this terrible burden is ever dropped upon you, you can be assured of God's ever present love and care and He will provide a way for you to move forward.

Evil tries to replace Gods Core Values of love, joy, peace with its own horrible "Core Values" that will cause a Broken Heart. Below are three "Core Values" we call the ABC's of a Broken Heart.

A \_\_\_\_\_

B \_\_\_\_\_

C \_\_\_\_\_

If you hold these "Core Values" as a way of life then you will pay a high price at the hand of God.

What hope can a person whom has experience this horrible pain expect?

#### MESSAGE OUTLINE - Psalm 55

- 1) View whatever comes your way as something God is going to use for \_\_\_\_\_. V. 22-23
- 2) Keep your \_\_\_\_\_, no matter what it cost. V. 16
- 3) Completely rely upon \_\_\_\_\_. V. 9-10 (day and night)
- 4) Recognise that you are fighting a \_\_\_\_\_. V. 9, 23
- 5) Expect to be \_\_\_\_\_ v. 18

Broken Hearts are real, the pain is tremendous and the Core Values of evil put up one big fight against us....but this is not the end of the story. God mends the heart, heals the spirit restores the soul. Remember that God brought a warrior Giant before David to prepare him to become King!