

LIVING UPSIDE DOWN

29 May 2011

My Body is Not My Own

Part 3 of 7 in series
'Living Upside Down'

"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honour God with your body." 1 Corinthians 6:19

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God-- this is your spiritual act of worship." Romans 12:1

We Are God's Property:

1. **I must _____ God for my body.**

(Psalm 139:13-14)

Resolve: "God, thank you for creating me just the way you did. I praise you because _____"

2. **I must _____ for my body.**

(1 Timothy 4:8)

Why Should I?

(a) It is a _____ for Christ.

(b) It better enables you to _____ longer.

Resolve: Because my body is the temple of the Holy Spirit, I will _____ for my testimony's sake.

3. **I must _____ my body in a way pleasing to God.**

(Matthew 6:25, 1 Timothy 2:9-10)

Resolve: To draw attention to Christ and not to myself, I will clothe my body in a way that is _____ to the Lord.

4. **I must _____ with my body.**

(Ephesians 5:3, Galatians 5:19-21)

Resolve: I will honour God at all times with my body by keeping it _____.



1. **Upside Down Worldview**
2. **What is the Secret to Greatness?**
3. **My Body is Not My Own (TODAY)**
4. **The Value of Marriage**
5. **Living for a New Master**
6. **How Should I Think About Money?**
7. **What Motivates You?**