

"I do not understand what I do. For what I want to do, I do not do, but what I hate to do, I do ... I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do – this I keep doing ... What a wretched man I am! Who will rescue me from this body of death?"

(Romans 7:15, 18, 19, 24)

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