



14 January 2007

How God Heals Your Hidden Wounds

Let us Rise Up and Build – our Relationship with God
Part 3

“I am Jehovah Rapha” which means, “I am the God who heals.”
Exodus 15:26

“He heals the brokenhearted and binds up their wounds”
Psalm 147:3

Five Principles in God’s Process of Healing Memories:

1. _____ **MY HURT**
(Psalm 39:2-3, 32:3)
2. _____ **THOSE WHO HAVE HURT ME**
(Romans 12:17-19, 1 Peter 2:23)
3. **REPLACE OLD TAPES WITH** _____
(Romans 12:2)
4. **REFOCUS ON** _____
(John 11:13-16)
Three Steps:
“Stretch out your hands to him”
“Allow no evil to dwell in your tent”
“Lift up your face without shame”
5. **REACH OUT TO** _____
(2 Corinthians 1:4)