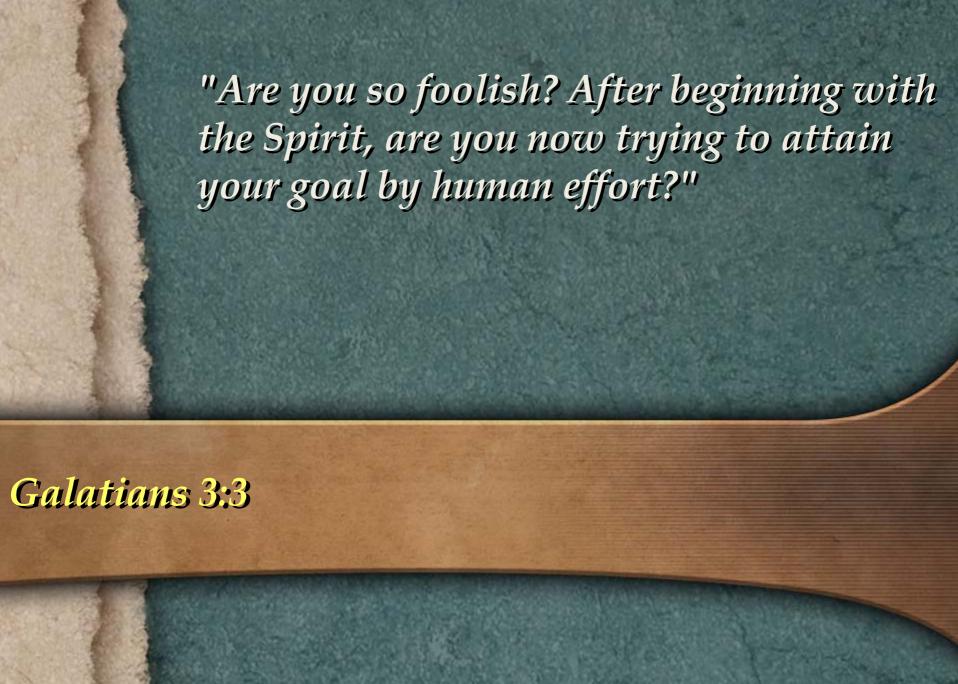
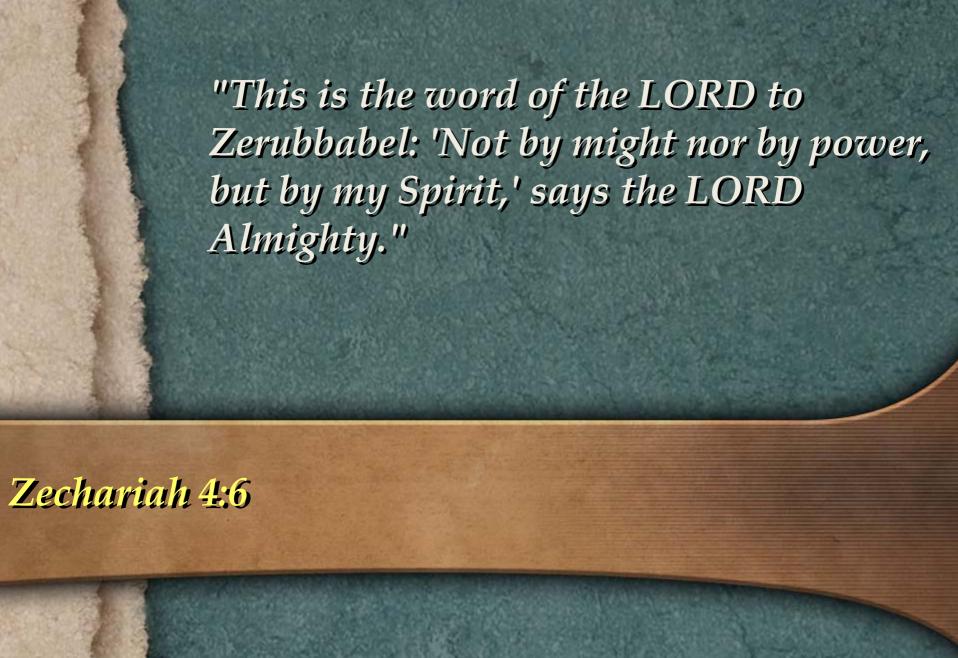
Maintaining Growth The Road To Recovery – Part 7

1. What Can Cause A Relapse?

1. Going back to willpower



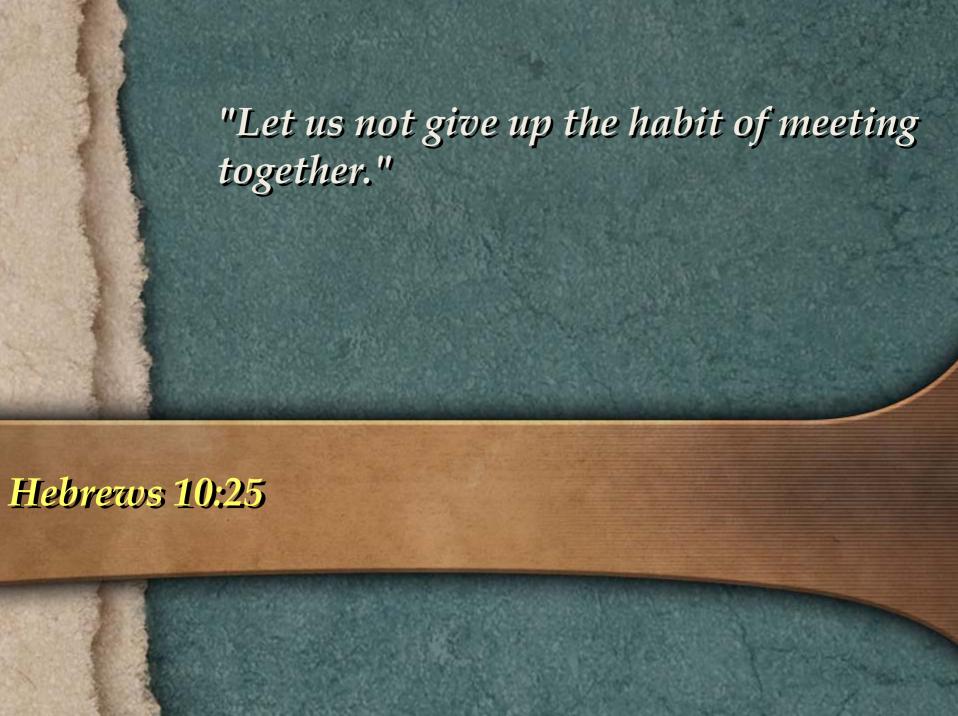


1. What Can Cause A Relapse?

- 1. Going back to willpower
- 2. Ignoring one of the steps
- 3. Trying to recover without support

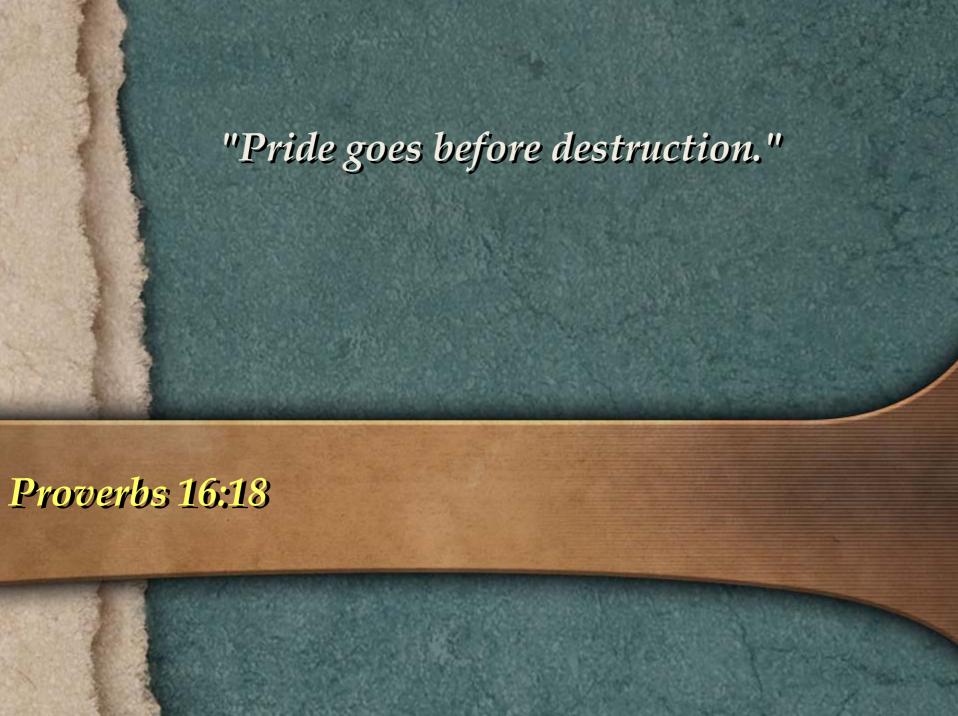
"Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!"

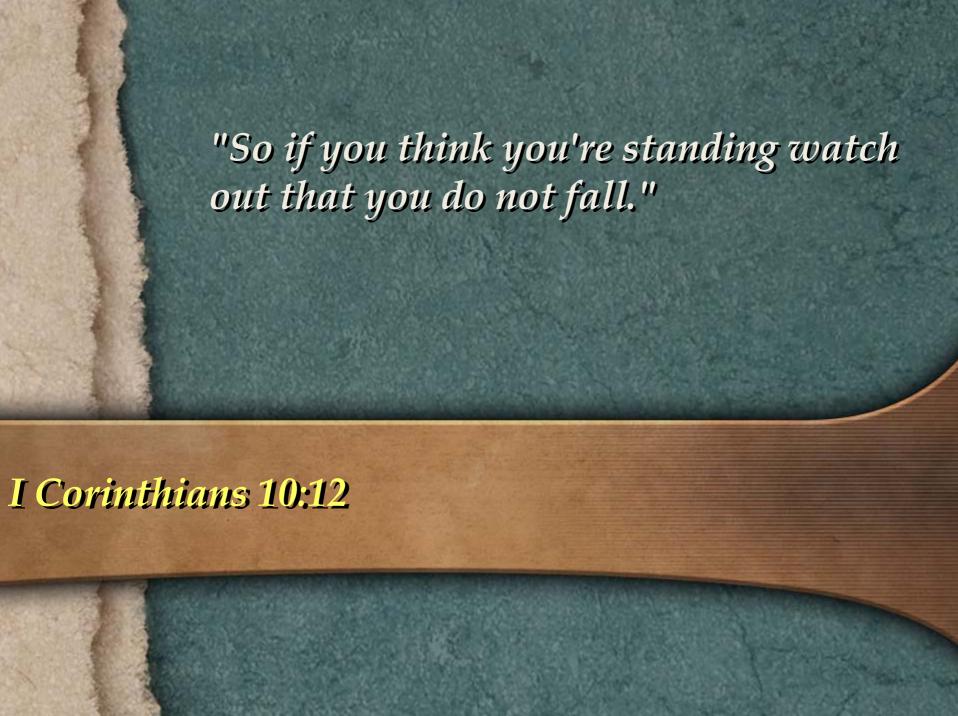
Ecc. 4:9-10



1. What Can Cause A Relapse?

- 1. Going back to willpower
- 2. Ignoring one of the steps
- 3. Trying to recover without support
- 4. We become prideful

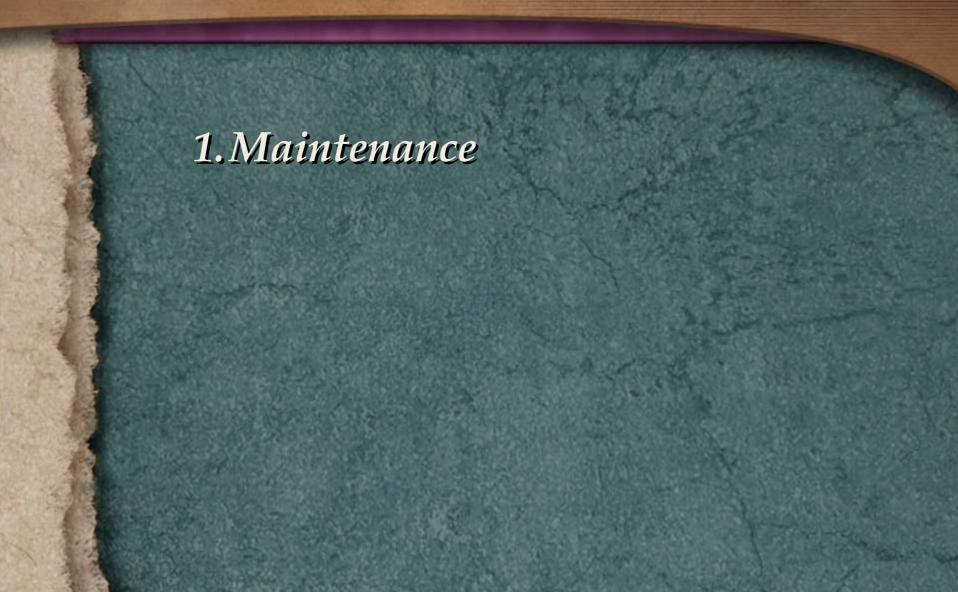




Test of Pride:

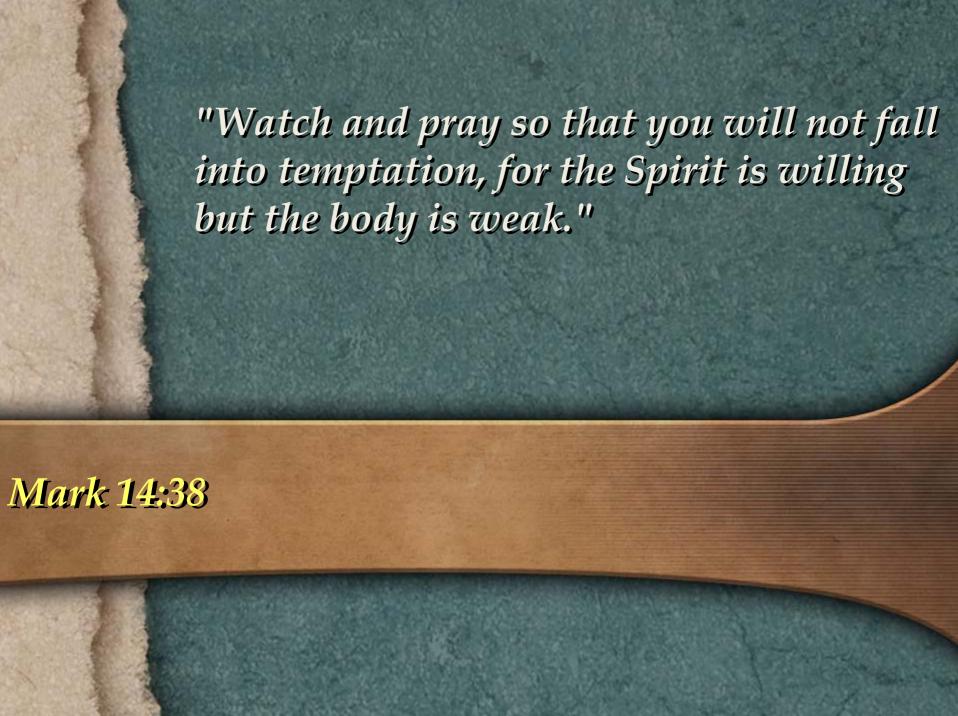
- 1. Am I continually critical of others?
- 2. Am I quick to judge but slow to help?

2. How Do I Prevent A Relapse?



Maintenance

RESERVE A DAILY TIME WITH GOD FOR SELF-EXAMINATION, BIBLE READING, AND PRAYER IN ORDER TO KNOW GOD AND HIS WILL FOR MY LIFE AND GAIN THE POWER TO DO IT.



Three Maintenance Tools:

- 1. Evaluation
- 2. Meditation

"Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers."

Psalm 1:1-3

Three Maintenance Tools:

- 1. Evaluation
- 2. Meditation
- 3. Prayer

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."

Matthew 6:9-13

