

11 June 2006

# Where to Get Help When You Hurt

Road to Recovery - Part 2

## God's Antidote to Denial – Pain

Three Denial Busters:

1. C \_\_\_\_\_
2. C \_\_\_\_\_
3. C \_\_\_\_\_

### The Second Step – The Hope step - 'E' is for EARNESTLY

- ◆ Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. (*Hebrews 11:6*)

### Three Parts to Step 2 in this road to recovery:

1. **ACKNOWLEDGE GOD'S** \_\_\_\_\_  
(*Romans 1:20, Psalm 19:1*)
2. **UNDERSTAND GOD'S** \_\_\_\_\_  
(*Colossians 1:15*)

### Three things that help me get over my habits, hurts and hang-ups:

1. God \_\_\_\_\_ my situation. (*Psalm 31:7, Psalm 69:5*)
  2. God \_\_\_\_\_ about my situation (*Psalm 103-13-14, Romans 5:8*)
  3. God can \_\_\_\_\_ and my situation (*Ephesians 1:18-20*)
3. **ACCEPT GOD'S** \_\_\_\_\_  
(*Philippians 2:13*)

How do I plug into God's power?  
Believe and Receive