



28 May 2006

# Five Questions For a Crushed Spirit

*Psalm 142:2-7*

*"How long, O LORD? Will you forget me forever? How long will you hide your face from me?" Psalm 13:1*

*"A righteous man may have many troubles, but the LORD delivers him from them all" Psalm. 34:19*

## 5 QUESTIONS TO ASK, FROM PSALM 34

1. **WHAT HAVE YOU BEEN \_\_\_\_\_ LATELY?**  
*(Psalm 34:1, James 3:8)*
2. **HOW HAVE YOU BEEN \_\_\_\_\_ LATELY?**  
*(Psalm 34:2, 139:14)*
3. **HOW HAVE YOU BEEN \_\_\_\_\_ LATELY?**  
*(Psalm 34:5, Genesis 31:2, Isaiah 3:9, Psalm 42:11)*
4. **HOW IS YOUR \_\_\_\_\_ LATELY?**  
*(Psalm 34:8)*
5. **HOW IS YOUR \_\_\_\_\_ ?**  
*(Psalm 34:18, 25:28 142:7)*